

Multimodality imaging for the evaluation and management of patients with long-term (durable) left ventricular assist devices

A Clinical Consensus Statement of the European Association of Cardiovascular Imaging (EACVI) of the ESC

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1 fwRVLS = free wall right ventricular longitudinal strain
 2 GLS = global longitudinal strain
 3 IVS = interventricular septum
 4 LGE = late gadolinium enhancement
 5 LV = left ventricle
 6 LVADs = left ventricular assist devices
 7 LVEDD = left ventricular end diastolic diameter
 8 LVESD = left ventricular end systolic diameter
 9 LVOT = left ventricular outflow tract
 10 MCS = mechanical circulatory support
 11 MMI = multimodality imaging
 12 MRI = magnetic resonance imaging
 13 PET = positron emission tomography
 14 PFO = patent foramen ovale
 15 PT = pump thrombosis
 16 RV = right ventricle
 17 RVF = right ventricular failure
 18 SPECT = single photon emission computer tomography
 19 TAH = total artificial heart
 20 TAPSE = tricuspid annular plane systolic excursion
 21 TOE = trans-oesophageal echocardiography
 22 TR = tricuspid regurgitation
 23 TTE = trans-thoracic echocardiography
 24 UEA = ultrasound enhancing agent
 25 WBC = white blood cells

1. Introduction

Mechanical circulatory support (MCS) is a major breakthrough in heart failure (HF) management. Left ventricular assist devices (LVADs) may be considered in patients with advanced heart failure already on optimal medical and device therapy, with reduced functional capacity and frequent hospitalizations. Also, dependence on inotropic therapy or short-term MCS as well as progressive end-organ dysfunction are potential indications. Of note, no absolute

1 This European Association of Cardiovascular Imaging (EACVI) clinical consensus statement
 2 aims to provide a comprehensive guide for the use of echocardiography and multi-modality
 3 imaging (MMI) in the evaluation of patients with long-term LVADs in clinical practice. This
 4 document will describe (i) the role and pitfalls of each imaging modality; and (ii) the use of
 5 different imaging modalities to complement clinical and invasive assessments to guide patient
 6 selection, and both the peri-operative and post-operative management of patients with LVADs.

Key points (Box 1)	
HF epidemic is growing, resulting in an increasing demand for durable LVADs.	
Non-invasive MMI plays a crucial role in the work-up of patients considered for LVAD, as well as in their peri-operative and post-operative assessment and management	
In addition to clinical and haemodynamic assessment, multimodality imaging plays a pivotal role in the selection of LVAD candidates and in the management of patients with durable LVADs.	
The identification and evaluation of LVADs complications (such as thromboembolism, valvular heart disease, bleeding, device mispositioning and importantly, right ventricular failure) is crucial	
The use of a systematic MMI approach is essential to ensure early recognition of LVAD complications	

7 *HF, heart failure; LVAD, left ventricular assist device; MMI, multimodality imaging*

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2. Left Ventricular Assist Devices

2.1 Different generations of LVADs

Shortage of donor organs and limited access to heart transplantation has contributed to the increased interest in LVADs for patients with end-stage left ventricular failure. The first major clinical trial of durable LVADs started in the 1990s with the first-generation of pulsatile LVADs. The development of smaller second-generation continuous flow axial LVADs led to easier device implantation as well as improved durability. The Heartmate II device was one of the most commonly used second-generation axial flow LVADs in the 2000s.

The third-generation centrifugal pump HeartMate 3 LVAD was introduced in 2015. The HeartMate 3 LVAD has an 'artificial pulse' and several features to improve haemocompatibility. In the MOMENTUM-3 randomized trial, the centrifugal flow HeartMate 3 device was associated with lower incidence of mortality, stroke and pump thrombosis compared to the axial flow HeartMate II device [8], and a 58% 5-year survival was recently documented in the long-term follow-up of the trial cohort.

2.2 LVAD anatomy

The LVAD consists of an intrathoracic part: (i) the pump with the associated inflow cannula (in the LV apex) and the outflow graft (from the pump to the ascending aorta); and external components (ii) the pump controller; and (iii) the cables connected to a pair of external batteries or power source. Blood is drawn from the LV via the inflow cannula into the pump and delivered via the outflow graft to the ascending aorta (**Fig. 1**). The outflow graft is typically positioned at

the lower margin of the RV and courses along the right heart border to anastomose at the ascending aorta. In occasional cases, the outflow graft may be anastomosed to the descending aorta.

2.3 LVAD physiology

The LVAD competes with the LV for preload and provides a parallel circulation from the LV to the aorta. It continuously drains blood from the LV and deliver it to the aorta, with: (i) reduction in LV size and filling pressures (commonly accompanied by improvement in functional mitral regurgitation); and (ii) reduction in LV native stroke volume and work, (iii) loss of isovolumic phases in the cardiac cycle. In general, these effects are directly related to the programmed pump speed.

The flow generated by the LVAD is preload-dependent and afterload-sensitive. Hypovolaemia and/or RV failure at an unchanged pump speed will lead to reduction in LV chamber volume (i.e. LV and LVAD preload), which may result in (i) reduced intrinsic LV stroke volume, stroke work and LVAD flow ; (ii) loss of aortic valve opening if the LV fails to overcome aortic pressure; and (iii) trigger 'suction events' (i.e. events where the pump speed automatically and transiently drops to a pre-set lower level). Excessive emptying of the LV may also result from inappropriately high pump speed, this may trigger ventricular arrhythmias and compromise RV function. LVAD flows are also afterload sensitive. Therefore, increased LV afterload (raised mean arterial pressure) can compromise LVAD flows.

2.4 Considerations for imaging

Candidates to LVADs therapy may be administered with inotropic/vasopressor drugs to maintain adequate end-organ perfusion, especially if on INTERMACS class 3 or higher. Therefore, imaging examinations in these patients should always consider the potential impact of medical therapy on findings and possibly state the specific drug and posology in the examination report. Many considerations should be taken into account when performing imaging examinations in these cases: the observed systolic function of both ventricles could be influenced leading to an overestimation of it; positive chronotropic effect and arrhythmias may potentially limit the quality of second level examinations; ischemia evaluation and heart valves functioning may be unreliable in these patients as well since oxygen demand/supply and preload/afterload may vary. The same precautions should be considered also in the perioperative period.

The objectives of LVAD therapy are: (i) improving systemic cardiac output (combination of LV native stroke volume and LVAD flow); (ii) unloading the LV; (iii) without inducing complications associated with a non-physiological parallel blood flow circuit (such as RV failure and aortic regurgitation). Imaging assessment of a patient with LVAD should exploit these anatomical and physiological concepts of heart-LVAD interaction to facilitate effective delivery of LVAD therapy. The three essential components of imaging assessment are the study of LVAD outflow (by Doppler imaging), LV unloading and LVAD-related complications. However, multimodality imaging of LVADs currently represents a challenge for clinicians and there are many issues, such as suboptimal acoustic windows, artefacts, interference for Doppler imaging, magnetic resonance incompatibility and blooming artefacts which strongly limit the evaluation of these patients.

Key points (Box 2): LVAD flow
Contemporary LVADs are continuous flow devices
LVAD flow is preload-dependent and afterload-sensitive. Preload is dependent on volume status and right heart function and afterload is dependent on mean arterial pressure.
LVAD flow may be interrogated by Doppler imaging of the outflow graft

3. Pre-implantation: Multimodality imaging in selection of LVAD candidates

3.1 Echocardiography

3.1.1 2D Echocardiography

3.1.1.1 Left and right ventricular dimensions and function

Pre-operative transthoracic echocardiography (TTE) is the key imaging modality for assessing LV and RV function and dimensions in the evaluation and selection of patients for LVAD implantation [9] (**Table 1**).

The first thing to evaluate is the existence of the primary indication for LVAD implantation, which is end-stage HF due to ischaemic or non-ischaemic dilated cardiomyopathy with severe LV systolic dysfunction, an LV ejection fraction (LVEF) <25% and the presence of an appropriate space for an LVAD inflow cannula [10].

The second key point to evaluate in the selection of LVAD candidates is RV function, another major determinant of a successful LVAD implantation[11]. Indeed, RV failure is currently considered the “Achilles heel” of contemporary LVAD devices. For tailored risk assessment, appropriate quantification of the RV function is therefore of paramount importance.

The echocardiographic assessment of the RV remains challenging due to technical difficulties in RV imaging, in addition to its complex geometry and function [12]. Key points in the echocardiographic assessment of RV are its structure, function, and tricuspid regurgitation. The most useful parameters to evaluate are shown in **Key Points Box 3** [13-17]. Importantly, RV in this situation must be as accurate as possible and requires a multiparametric approach ideally completed by CMR in case of doubt.

<p>Key points (Box 3): Echocardiographic assessment of LV and RV function in LVAD candidates</p>
<p>LV severe dysfunction assessed by LV EF < 25% is a major criterion for LVAD implantation</p>
<p>The evaluation of LV geometry (to exclude the absence of space for LVAD cannula) and volumes measurement is also advisable</p>
<p>RV structure may be estimated by mid-cavitary diameter [13] and RV sphericity index (as the ratio of the short diameter at the mid-ventricular level to the long diameter in end-</p>

the diagnosis. Vena contracta measurements, with the benefit of the higher resolution of TOE can help in the diagnosis of regurgitant lesions. Inspection of the aortic valve and aortic root morphology can help in the evaluation of co-existent significant aortic regurgitation, even though the possible underestimation of aortic regurgitation due to increased LV diastolic pressures should be considered. The regurgitant volume can be low because of low flow in the LV; the calculated regurgitant fraction might therefore better reflect the severity of aortic regurgitation.

Moreover, mechanical valves need to be identified (if not known) so that they can be replaced with a bioprostheses at the time of surgery in order to prevent additional risk of blood stasis and thrombosis.

A comprehensive assessment for intracardiac shunts is essential prior to LVAD implantation, and can be performed with TOE using saline contrast, comprising exclusion of ventricular septal defects in patients with ischaemic cardiomyopathy, exclusion of atrial septal defects, partial anomalous venous drainage and a patent foramen ovale (PFO). Flow through an atrial septal defect or PFO can reverse following LVAD implantation, causing right-to-left shunt and

1 subsequent arterial hypoxaemia, because of the reduction in left atrial pressure following left
 2 heart offloading. Identification and correction of an interatrial shunt is therefore essential
 3 before/during LV implantation [20].

Key points (Box 4) : TOE for pre-operative evaluation of LVAD candidates
TOE provides added value for the assessment of valvular heart disease and recognition of mechanical valves in LVAD candidates
Calculation of mitral valve area and aortic regurgitant fraction by TOE allow a better assessment of mitral stenosis and aortic regurgitation respectively in patients with low flow and high LV pressure
To investigate the presence of intracardiac shunts or masses by TOE is advisable before LVAD implantation.

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5 **3.1.2 Speckle tracking echocardiography**

6 Speckle tracking echocardiography (STE) allows the analysis of myocardial deformation i.e.
 7 ‘strain’ of all cardiac chambers [21].

8 STE is particularly useful for RV evaluation in patients referred for LVADs, allowing the
 9 detection of subclinical RV dysfunction which may predispose to the development of post-LVAD
 10 RV failure. Two parameters may be measured for this purpose: RV global longitudinal strain
 11 (GLS), which analyses the deformation of the whole RV wall divided into six segments, and free-
 12 wall RV longitudinal strain (fwRVLS), which analyses three RV segments limited to the RV

free-wall. FwRVLS is considered the most accurate, as it focuses on RV physiological function in which the RV free wall contributes to 80% of RV output (**Fig.2**). By contrast, RV GLS also includes the interventricular septum (IVS) which may be influenced by LV kinetics and could therefore underestimate RV function in HFrEF patients, although it can be argued that the IVS contributes to RV systolic function, and that therefore impaired IVS function is an important component of impaired RV function [22,23].

Both preoperative RV GLS and fwRVLS have been found to be reduced in patients undergoing LVAD implantation who develop subsequent RVF, as confirmed in a recent meta-analysis [34]. RV strain has also demonstrated superior prognostic information to conventional echocardiographic parameters of LV and RV function in patients with chronic HF [24,25].

Moreover, as compared to invasive techniques, fwRVLS (usually $< -22\%$) has been shown to have good correlation with RV stroke work index which is the most used invasive measurement of RV impairment assessed by right heart catheterization [26], and has been shown to be a marker of RV fibrosis as well [27].

In previous studies, fwRVLS emerged as a prognostic marker in patients being considered for an LVADs, predicting of early RVF [28, 29] and was included in highly-sensitive prognostic scores together with haemodynamic, echocardiographic, and clinical parameters [30-33] with a cutoff value $> -14\%$.

Therefore, fwRVLS may be considered the most sensitive echocardiographic parameter to identify those patients referred for an LVAD who are at greatest risk of developing postoperative RVF and therefore to aid in patient selection and determination of further management strategies. However, larger multicentre studies, such as the ongoing EuroEchoVAD trial ([ClinicalTrials.gov](https://clinicaltrials.gov)

1 NCT03552679), a EUROMACS approved study including 600 patients, are needed to establish
2 optimal reference values to aid decision-making in routine clinical practice.

Key points (Box 5) : Speckle tracking echocardiography for pre-operative evaluation of LVAD candidates

The evaluation of RV strain by speckle tracking echocardiography is advisable to detect subtle RV dysfunction possibly leading to post-implant RV failure

RV strain quantification by free wall strain rather than global RV strain should be preferred since it analyzes better RV intrinsic function independent from LV function

3.1.3 Three-dimensional echocardiography

Echocardiographic assessment of LV and RV size and function is key for candidate selection and detection of possible LVAD complications. Due to the complex shape and mechanics of the RV, 2D echocardiography (2DE) cannot reliably measure RV volumes and EF.

In the presence of adequate acoustic windows and local expertise, three-dimensional echocardiography (3DE) is the most accurate method to quantify ventricular volumes and EF [34]. Feasibility of 80-92% is reported for RV-focused 4 chamber views [35]. 3DE can circumvent all the potential limitations associated with 2DE including limited visualization, incorrect geometric assumptions, and cavity foreshortening [36]. 3DE permits a more accurate and reproducible analysis of LV and RV volumes and function than 2DE [37]. This is particularly useful in borderline cases, such as when LV EF is around 25% or RVFAC is 30-35%. In LVAD implantation candidates, 3D RV volumes and EF were associated with postoperative outcome

Following LVAD implantation, 3DE becomes more technically challenging due to poor image quality and artefacts due to the LV apical cannula (50-56% feasibility in LVAD patients vs 85% in non-LVAD patients) [41-43]. When feasible, 3DE was helpful to reliably identify the “cross-over point” during ramp testing (see par.7.2), which corresponds to the LVAD speed at which there was excessive LV unloading and risk of RV dilation due to septal shift towards the LV) [44], as well as to quantify the LV reverse remodelling and shape changes that occur early after LVAD implantation [45]. New 3D technologies under development, such as 3D intracardiac echocardiography, may assist in the future with the point-of-care implantation of percutaneous LVADs in critical care settings [46].

In the presence of adequate acoustic window and local expertise, 3D echocardiography may be performed for a more reliable assessment of biventricular structure and ejection fraction

Further investigations will have to clarify whether 3DE quantification improves clinical outcomes of LVAD patients, compared to conventional echocardiographic parameters.

3.2 Cardiovascular Magnetic Resonance

CMR advantages are unrestricted planes and high spatial resolution and tissue contrast [47]. Current European Society of Cardiology (ESC) guidelines for the management of HF assign CMR Class 1 indications for patients with suboptimal echocardiography and suspected

1 sequences (60–90 s after contrast injection) [48]. Cardiac CT is considered an appropriate
2 alternative to transoesophageal echocardiography (TOE) to rule-out left atrium and left atrial
3 appendage thrombosis thanks to its high sensitivity and specificity [65]. Moreover, CT can
4 provide a multiplanar view of all cardiac structures and is not limited by acoustic windows or
5 acoustic shadowing like echocardiography. However, the possible CT artefacts which may mimic
6 left atrial appendage thrombus should be considered and excluded.

7 As already mentioned, before LVAD implantation, the presence of significant aortic or tricuspid
8 regurgitation, RV dysfunction, and intracardiac shunts should be evaluated to avoid post-implant
9 complications [63]. However, according to a recent consensus document, cardiac CT could be
10 helpful to assess ventricular volumes and function in selected cases where echocardiographic data
11 are uncertain and/or CMR is limited or contraindicated [48], as many of these patients are already
12 implanted with cardiac defibrillators [66].

13 In contrast to larger echocardiographic data, specific CT parameters, which prognostically can
14 represent predictors of post-operative complications, increased morbidity and mortality after
15 LVAD implantation, have not yet been defined. Moreover, no data is available on the use of CT
16 delayed enhancement for scar assessment [67] in planning LVAD surgery. Further larger studies
17 are warranted to explore the role of CT in these scenarios.

18 Moreover, technological advances and strategies for radiation dose reduction could further help
19 expanding the role of CT in the selection of patients for LVAD therapy as a complementary test
20 to other imaging modalities (**Table 3**). However, like CMR, this resource remains limited in
21 patients with severe reduction of renal function.

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6 4. Peri-implantation assessment

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8 The assessment of LVAD recipients in the peri-LVAD implantation period predominantly

9 involves (i) TOE which should always be performed during the LVAD implantation surgery and

10 (ii) TTE which, in conjunction with TOE, is used early post-operatively in the intensive care

unit. Other imaging modalities are seldomly utilized in this peri-operative period.

2

3 4.1. Preimplantation TOE

4 A comprehensive TOE evaluation of LVAD candidates in the operating theatre should precede

LVAD implantation and is typically an extension of prior comprehensive multimodality imaging

6 performed during assessment of LVAD candidacy and preoperative planning. The immediate

preimplantation TOE should include, but should not be limited to, the evaluation of potential intracardiac thrombi and shunts, as well as RV size and function and aortic valve structure and function [6, 68]. A thorough assessment of a potential PFO should thus be undertaken, including colour Doppler evaluation of the fossa ovalis at low settings of the Nyquist limit and intravenous injection of agitated saline, which in some cases may be required in conjunction with a ventilator-driven Valsalva manoeuvre to unmask shunting [6,67]. Despite such attempts, in some cases only a decrease in left atrial pressure following LVAD initiation will unmask the existence of a PFO [6]. In regard to thrombi, all cardiac chambers should be examined, particularly the left atrial appendage (of note, some centres perform concomitant surgical left atrial appendage occlusion) and the LV apex (particularly around the site of the apical cannulation, where an apical thrombus needs to be brought to the surgeon's attention). Other relevant points to assess should be based on prior imaging examinations as well as the clinical status of the patient, e.g.: 1) in case of any suspicion of endocarditis, possible vegetations should be excluded (if confirmed, endocarditis is a contraindication for LVAD implantation); 2) in some cases an extended evaluation of the aortic valve may be required (however the degree of aortic regurgitation is best assessed prior to surgery, as it may be underestimated in the context of general anaesthesia) [6, 68]; 3) the assessment of the morphology of the ascending aorta for dissection, aneurysm, plaques and calcifications may also be needed in planning the location of the outflow graft anastomosis.

4.2 TOE during implantation

The perioperative TOE examination during LVAD implantation includes the guidance of the site of apical coring for the insertion of the inflow cannula of the LVAD. This is performed by imaging the heart in the mid-oesophageal 4 chamber view during external compression of the apical area (by surgical instrument or finger), directed towards the mitral valve orifice, with the aim of positioning the inflow cannula in this direction [69]. Further procedures include continuous monitoring for possible air bubbles in left-sided chambers (including the LV apex

and inflow cannula area), aorta and the outflow graft anastomosis during the implantation and de-airing procedures [6]. Complete closure and lack of residual communication between the left atrium and appendage should be confirmed by TOE in those undergoing left atrial appendage occlusion [70]. The monitoring of RV function is described in the following subsection.

4.3 TOE during LVAD activation and pump speed optimization

TOE is an irreplaceable tool in haemodynamic monitoring during LVAD implantation, complementing invasive haemodynamic monitoring. During LVAD activation and pump speed optimization, LVAD settings (speed and flow) should be documented on the echocardiographic images. One of the primary determinants of the speed of cardiopulmonary bypass weaning (in those implanted on-pump) and increment in LVAD speed is the balance between left and right heart loading conditions, as evidenced by the position of the interatrial and IVS, as well as the size and function of left- and right-sided chambers. This predominantly entails the assessment of RV size and function, along with the assessment of tricuspid regurgitation, which could determine the capability of the RV to accommodate the increase in preload after LVAD activation. Additionally, LVAD speed settings which are excessive in the setting of a failing RV may induce a “sucked-down” underfilled /over-decompressed LV [6]. Depending on the intraoperative TOE and haemodynamics, in conjunction with the assessment of RV function prior to the LVAD implantation, the occurrence of RV dysfunction during LVAD activation may require pulmonary vasodilators to reduce RV afterload, lower LVAD speed settings to reduce RV preload, short-term inotropic support or perioperative temporary RVAD implantation in patients unresponsive to these attempts. In cases of brief and transient RV dysfunction, a careful and slower speed optimization of the LVAD may allow for restoration of RV function and the possibility of restoring medial positions of the interatrial septum and IVS.

Another indication of an appropriate LVAD speed setting is the opening of the aortic valve, which should be assessed in conjunction with the RV and LV size and function (**Fig. 3**).

In patients with Heart Mate II or 3 or HeartWare HVAD, a constantly closed AV may indicate maximal LV unloading; intermittent AV opening usually indicates good LV unloading; while a constantly opened AV may indicate inadequate offloading which suggests additional escalation of LVAD speed in order to increase LV unloading – the ultimate choice among these strategies is centre-specific.

Nevertheless, patients with LVADs characterized by a different pump system that lowers device work for 9 seconds each minute (intermittent low speed, ILS, phase, typical of Jarvik 2000 device), have a different aortic valve opening pattern. In case of correct function, aortic valve should open only during the ILS phase.

A dilated RV with TR, septal shifts towards the left-sided chambers, and a small LV with a closed aortic valve suggests the need for a reduction in LVAD speed; a dilated LV with a septal shift towards an unenlarged RV and a fully opening aortic valve suggest the need for an increase in LVAD speed. In some case, looking at the atrial septal shift may be useful for this purpose as well. The presence and severity of aortic regurgitation should be assessed in addition, as previously described - in the event of unmasked significant aortic regurgitation after LVAD activation, an additional surgical procedure may be considered [69].

It is also important to assess the position of the inflow cannula and the outflow graft. The inflow cannula should be positioned within or near the LV apex, parallel to the IVS, with its opening directed towards the mitral valve – an excessive angulation towards the IVS or the LV free wall might require surgical revision. Doppler interrogation of the inflow cannula and outflow graft should be performed. This could be done by pulsed Doppler interrogation adjacent to the structure of interest, using a four-chamber apical view for inflow cannula and left or right (in right lateral decubitus) parasternal views or suprasternal view for outflow graft.

1

Key points (Box 6): Peri-implantation assessment of LVAD recipients
Peri-procedural imaging predominantly involves TOE (during LVAD implantation surgery) and TTE (both may be used early post-operatively), while other modalities are typically not utilized in this period
The preimplantation TOE involves (but is not limited to) the evaluation of potential intracardiac thrombi and shunts, RV size and function and AV structure and function
<p>Perioperative TOE during LVAD implantation includes:</p> <ul style="list-style-type: none"> - guidance of the site of apical coring for the insertion of the inflow cannula, - monitoring for intracavitary / intra-aortic air bubbles
<p>Perioperative TOE during LVAD activation and pump speed optimization focuses on the balance between left and right heart loading conditions by assessing:</p> <ul style="list-style-type: none"> - position of the interatrial septum and IVS - size and function of left- and right-sided chambers, - AV opening, - assessment of tricuspid regurgitation

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3 **5. Early post-implant complications**

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5 **5.1 Cardiac tamponade**

6 Cardiac tamponade associated with cardiac surgery may occur within the first 24 hours, or late
7 (arbitrarily defined as >5-7 days) after cardiac surgery. Early tamponade is usually related to
8 bleeding, while late tamponade is often multifactorial [71]. Patients undergoing LVAD

ventricle, evaluation of the right atrial size, main pulmonary artery and its branches, inferior vena cava size and its respiratory alterations, tricuspid valve annulus, and degree of TR [75]. Increased RV size and worsening tricuspid regurgitation indicates worsening RV function after LVAD. TAPSE becomes less sensitive in assessing RV function after cardiothoracic surgery. The improvement in RV afterload and contractility could lead to reduction of TAPSE due to increase in RV stroke volume. However, reduced TAPSE along with RV dilatation and worsening TR indicates worsening RV function [76].

Echocardiographic parameters correlated with RV failure after LVAD implantation include quantitative RV dysfunction, TAPSE, FAC, RV short-axis to long-axis ratio, RV end-diastolic dimension to LV end-diastolic dimension ratio, tricuspid annular dilatation without significant TR, TR duration corrected for heart rate, Peak systolic (S') velocity of the right ventricular free wall at the tricuspid annulus assessed with tissue Doppler, early diastolic (E') velocity of the right ventricular free wall at the tricuspid annulus assessed with tissue Doppler, RV index of myocardial performance, RV systolic and diastolic longitudinal strain, right ventricular E/E' ratio, TAPSE increase in response to dobutamine infusion, severity of tricuspid regurgitation and 3-dimensional right ventricular end-systolic and end-diastolic volume index [77].

5.3 Inadequate or excessive LV unloading

LVADs are excellent at unloading the LV, as reflected by subsequent reductions of LV size, and improvements in IVS position and LV systolic function. The ability of LVADs to provide haemodynamic offloading is dependent on preload, afterload and pump speed.

In some cases, aortic regurgitation may develop following aortic valve replacement due to paravalvular leak. The assessment of the severity of paravalvular leaks is especially challenging in patients with LVAD due to the nature of continuous blood flow. Several echocardiographic features of significant aortic paravalvular leak have been described [90], such as short pressure half time, “dense” regurgitation jet on continuous wave Doppler imaging, vena contracta $>0.6\text{cm}$, descending aorta diastolic flow reversal, regurgitant fraction $>50\%$ and increased systolic transvalvular gradient despite normally functioning prosthesis. However, many of these parameters are not applicable in the setting of LVAD and may also underestimate the severity as regurgitation may span the cardiac cycle. Dynamic assessment with ramp testing showing the lack of reduction in LV volume with increase in LVAD flow also provides supportive evidence of severe aortic regurgitation. In ramp test, echocardiography is repeatedly performed at incremental pump speed. A typical protocol starts with a pump speed of 8000 rpm, which is then increased by 400 rpm every 2 min.

5.6 Thrombosis

According to MOMENTUM 3 trial five-year results, thrombosis is reported in 10% patient/year with axial-flow pump devices and 1% patient/year with centrifugal-flow pump devices after LVAD implantation [91]. The pump system, the inflow and the outflow cannula may all be involved, as well as the cardiac cavities and the aortic root. Continuous-flow (CF) systems favour patterns of shear stress which activate the thrombogenic cascade, whilst dislocation or kinking of cannulas may also facilitate thrombosis [92]. Clinical suspicion arises with decline of pump performance, increase of pump consumption, and signs of overt haemolysis or ischaemic stroke.

1 The first-line imaging modality to assess device thrombosis is echocardiography. Inflow cannula
2 thrombosis can result in cannula obstruction, which is characterized by elevated flow velocities
3 and turbulent flow on colour Doppler [93, 94]. Relevant pump thrombosis should be suspected in
4 the presence of LV dilatation and severe (or worsening) mitral regurgitation, insufficient LV
5 unloading with continuous opening of the aortic valve, and regurgitation through both cannulae
6 with increased systolic-to-diastolic velocity ratio [6].

7 Laminated thrombi may develop even on the aortic root due to a persistently closed aortic valve,
8 generally involving the non-coronary cusp but sometimes causing massive thrombosis of the
9 whole aortic root with high embolic risk. At this level, TOE may be particularly advantageous,
10 and valvular thrombosis typically appears with thickening and restricted motion of valve leaflets
11 [95]. Maintenance of intermittent valve opening through modification of LVAD speed may be
12 useful in non-pulsatile LVADs to avoid this complication [96], but the valve may not open
13 adequately even with reduction of pump speed in some case. Use of ultrasound enhancing agents
14 (UEAs) can also help interpretation of other important TTE features such as inflow cannula inlet
15 malposition and intracardiac and/or aortic root thrombus [97].

16
17 CT can accurately confirm and assess the extension of thrombosis (**Fig.6**). Most devices are not
18 MRI compatible, while CT can allow complete visualization of the inflow and outflow cannulae
19 with the sites of anastomosis [98] (**Table 4**). The thrombi typically appear as low attenuation
20 areas with focal filling defects on contrast-enhanced CT scans [99]. CT has demonstrated a high
21 sensitivity and specificity of 85% and 100% respectively, in detecting cannula thrombi when
22 using surgical findings as reference standard [100]. Moreover, when a pump exchange is being

Serial echocardiographic evaluation, together with clinical and haemodynamic monitoring, is fundamental to recognize cardiac tamponade. Increasing pericardial effusion with right atrial / RV collapse is the most helpful feature for diagnosis and severity assessment

IVS shift, mitral regurgitation and aortic valve opening must be assessed to recognize inadequate or excessive LV unloading

A ramp test demonstrating a lack of reduction in LV volume with an increase in LVAD

flow is highly suggestive of severe aortic regurgitation in LVAD patients.
Echocardiography is the first line modality to assess thrombosis and cannula obstruction. TOE may be useful in case of valvular thrombosis. UEAs may help recognizing thrombosis and inflow cannula malposition. CT may be appropriate to confirm and assess the extension of thrombosis or in cases of ongoing clinical uncertainty.
TTE and TOE using colour and spectral Doppler modes, possibly completed with a ramp test, is advisable to assess blood flow via the inflow cannula and the outflow graft. Chest CT angiography with 3D reconstruction may be appropriate in all LVAD recipients postoperatively to assess inflow and outflow cannula malpositioning.

6. Post-implantation: Follow up

Follow-up of LVAD-carriers is expected to be performed by LVAD centres and non-specialized centres in a shared manner, as patients may not have easy access to LVAD centres. Clinical follow-up may be carried out by non-specialized centres while comprehensive evaluations should be routinely performed in LVAD centres. Timing of follow-up vary depending on time from intervention, being more frequent in the first year. Echocardiography plays a major role in follow-up visits, by providing important information regarding hemodynamic status, heart valves functioning, reverse remodelling and guiding treatment optimization (**Table 5**).

6.1.1 Left ventricular unloading

LV unloading with an LVAD results in reduction of LV dimensions and volume compared to pre-implantation measurements. The most used parameter for serial assessment at follow-up is

LVAD explantation was deemed achievable if the following echocardiographic and haemodynamic criteria were met:

- Regression of the LV dilatation (LV end-diastolic diameter (LVEDD) <60 mm, LVESD <50 mm) and significant improvement in LV function (LVEF >45%),
- LV end-diastolic pressure or pulmonary capillary wedge pressure ≤ 15 mmHg,
- Resting cardiac index >2.4 L/min/m²,
- Maximal exercise oxygen consumption >16 mL/ kg/min (optional criterion).

However, protocols for LVAD weaning are heterogeneous with no consensus or standardization [112-114]. A recent review summarized the evidence in the literature and formulated an approach to the assessment of potential myocardial recovery and LVAD explantation [115]. Progressive pump speed up-titration during outpatient follow-up is probably needed for optimal LV unloading, to promote recovery and prevent the LVAD-related RVF [116]. However, right ventricular function does not always improve concomitantly with LV offloading, and the prevalence of AV regurgitation progressively increases during LVAD pump speed up-titration.

7.2 Pump thrombosis

Late pump thrombosis (PT) is reported in 2-6% of cases (HeartMate II device) and it is associated with increased risk of stroke and mortality, in addition to prolonged hospital readmissions [122].

PT may occur in the circuit and/or in the pump resulting in increased afterload, low flow and high-power alarms on the controller [116]. If unidentified and untreated with intensified anticoagulation, PT may result in worsening clinical or haemodynamic instability, requiring surgical device exchange or urgent heart transplantation [123].

PT is often associated with changes in device parameters such as increased pump power (≥ 2 W above the baseline) and decreased pulsatility index (normal values 1-10) accompanied by acute increases in serum lactate-dehydrogenase (≥ 2 -fold above the baseline) and elevated plasma-free haemoglobin (>12 mg/dl) in the absence of other causes of haemolysis [124].

In addition to clinical, haemodynamic and laboratory parameters, echocardiography plays a pivotal role in recognizing PT (**Table 6**), starting from the evaluation of inflow and outflow cannula systolic velocities. Sometimes, LV contraction may attempt to increase to speed blood-flow through the pump, resulting in an increased systolic cannula velocity, although this partially depends on the site of thrombus - inflow cannula velocities may be increased or reduced, while there can even be backflow (in pump stop) [6]. Diastolic velocity, which is generated by the LVAD alone, decreases concomitantly in correlation with the degree of thrombus interference with pump function, suggesting impaired device contribution to flow. The ratio of systolic/diastolic flow velocity is therefore increased [12].

A too frequent and wide aortic valve opening may indicate a sub-optimal LVAD speed or pump dysfunction [125], although opening of the a reduces the risk of thrombus formation. Spontaneous opening of the aortic valve V is particularly important when the outflow graft is located in the descending aorta (e.g. in Jarvik-2000) as the aortic valve is not washed by the blood flow. Aortic root thrombosis can also occur in patients with CF-LVADs.

Finally, the ramp test may be helpful in aiding in the diagnosis of PT [126].

The presence of pulsatility index (PI) slope in the lower quartile, aortic valve closure at higher speed, LVEDD flat slope, and a dramatically high-power slope are suggestive of device thrombosis.

As a future perspective, a protocol for ramp testing should become widely established and validated. Cardiac CT can also be used to evaluate LVAD thrombosis, which appears as low-attenuating material that creates a focal filling defect. Contrarily, normal CT appearance of the pump can be seen as circumferential, hypoattenuating material with variable thickness around the outflow cannula [69].

7.3 Aortic regurgitation

Late aortic regurgitation may develop in up to the 30% of patients in the first year after LVAD implantation [127], reducing pump efficiency mostly due to inadequate LV unloading and peripheral hypoperfusion. LVAD settings should allow a residual aortic valve opening which can be constant, at every cardiac cycle, or at least intermittent (for example during low intermittent speed in CF-LVAD) [128]. M-mode or B-mode at aortic valve should include the registration of 5-7 cardiac cycles to investigate cusps' excursion. Significant aortic regurgitation can be defined as at least moderate regurgitation [129]. Echocardiographic assessment can be technically

of the pump flow without signs of pump thrombosis. When low flows are encountered, and obvious causes excluded, the diagnostic approach should immediately focus on detection of a potential outflow graft obstruction. This should typically include a chest radiography, to look for a change in pump position over time to detect pump migration or re-orientation, and an echocardiogram, to exclude alternate causes of low flow states. Finally, the confirmation of the diagnosis requires use of contrast imaging, best done with CT angiography and conventional angiography [140,141].

Damage to the driveline that interferes with the operation of the pump is a rare, but life-threatening complication. It is often caused by fracture due to accidental mechanical impact but intentional cutting or disconnection of the driveline from the controller has also been described. The most typical clinical findings associated with driveline failure are the red heart alarm and a drop in the pump speed below the auto-speed-low set limit. Radiography showing driveline kinking or fraying in patients with unexplained alterations in LVAD performance, suggests driveline damage and requires surgical management [142,143].

Late LVAD infection is an important, challenging and potentially serious complication following LVAD implantation, which is associated with high morbidity and mortality and might require pump exchange. Infection rates in the EUROMACS Registry were higher in the early period (<3 months) compared to the late period (1.44 vs 0.45 events/person-year) [144] While in the INTERMACS Registry, half of LVAD patients developed infection, which was associated with excess mortality. The 2-year unadjusted all-cause mortality of LVAD recipients with infection was 41.0% compared with 25.2% for those without infection [145].

1 Nuclear imaging relies on the fact that infection stimulates neutrophils and other inflammatory
2 cells with high metabolic requirements around the site of infection creating “hot spots”. These
3 cells are characterized by high level of glucose utilisation and so they also demonstrate avid
4 uptake of the glucose-analogue and radiotracer 18-FDG. The process of immune cell migration
5 takes place early during infection, which make 18-FDG PET/CT a very sensitive tool to early
6 detect infection, although careful differentiation from physiological uptake of 18F-FDG by the
7 myocardium (glucose is a major energy source for myocytes) and careful dietary preparation to
8 minimise this is required. The use of 18F-FDG PET/CT in the assessment of cardiac infection
9 has been recognized in the 2015 infective endocarditis guidelines [146] (**Fig.8**). Several studies
10 have demonstrated that FDG-PET/CT can accurately localize the site and extent of the late
11 LVAD infection across the peripheral driveline and the involvement of the central portion of the
12 pump [147]. Furthermore, it predicts clinical outcomes of patients with LVAD infection better
13 than CT [148]. Tam et al. reported a pooled sensitivity of 92% and specificity of 83% for FDG
14 PET/CT in the diagnosis of LVAD infections.

15 In cases of a non-diagnostic Echo and PET/CT in patients with suspected LVAD infection (**Fig.**
16 **9**), radiolabeled white blood cell scintigraphy (WBC SPECT/CT) can be used to assess LVAD
17 infection. Overall, this technique is less sensitive but more specific than FDG PET/CT to detect
18 LVAD infections. Whilst it involves a much more complicate imaging protocol and local
19 expertise WBC SPECT/CT can also help to differentiate infection from inflammation,
20 particularly in patients with equivocal FDG-PET/CT [149-151].

Echocardiography is the first imaging modality to assess pump thrombosis. Systolic and diastolic velocities of inflow cannula should always be assessed. Ramp testing and cardiac CT should be used for their additional diagnostic value.

TTE may be limited by acoustic shadowing on TTE for the assessment of LVAD mechanical complications (e.g. cannula malpositioning) and sometimes TOE may be required for inflow/outflow cannula interrogation. CT angiography or ventriculography should be applied when TTE/TOE do not offer sufficient information.

Echocardiography is the first imaging modality to assess LVAD infections, however, 18-FDG PET/CT is the most sensitive tool to investigate infection localization and extension and provides prognostic information. In doubtful cases, WBC SPECT CT could be used as more specific.

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Figure Legend

Fig.1: The components of an LVAD (inflow cannula sits within the LV and is not shown here)

Fig.2 Echocardiographic evaluation of right ventricular (RV) function. *3D*, three dimensional; *LV*, left ventricle; *RVFAC*, right ventricular fractional area change; *TAPSE*, tricuspid annular plane systolic excursion; *TDI*, tissue Doppler imaging

Fig. 3 Aortic valve opening pattern in different types of LVAD which is useful to recognize optimal and pathologic conditions, and relative possible causes of abnormalities. *ILS*, intermittent low speed; *AVO*, aortic valve opening

Fig.4 Evaluation of interventricular septum (IVS) position in patients with LVADs is fundamental to recognize different hemodynamic abnormalities possibly causing leftwards or rightwards IVS shift.

Fig.5 M-mode echocardiography and color Doppler application for the evaluation of aortic regurgitation in patient with LVADs : this figure shows pan-cardiac cycle aortic regurgitation in a patient with HeartMate 3.

Fig.6 Representative case : 75-year-old male with end-stage ischemic cardiomyopathy who underwent placement of a LVAD (Jarvik 2000; A). He was admitted to hospital because of repeated Jarvik alarms. Computed tomography angiography (CTA) of the chest showed an eccentric thrombus causing a severe stenosis at the distal portion of the outflow cannula (B: curved reconstruction; C: axial view; D: navigator view), subsequently treated by placement of Optimed Sinus-XL 6F 16x120 mm stent (E-F).

Fig.7 Possible complications of outflow graft detected by cardiac computed tomography.

Fig. 8 example of FDG-PET/CT scan from a patient with LVAD infection. Modified with permission from. Akin et al. 2018. Panel A: Case AI: 18F-FDG PET/CT images of a high FDG ring around the inflow cannula of the LVAD. Banded ring with high degree of accumulation in the connection part of the inflow cannula with the housing. Panel B: Case AI: Picture of the debris we found in the connection between inflow cannula and pump housing (hands of Dr. A.P.W.M. Maat). 18F-FDG PET/CT, 18F-fluorodeoxyglucose positron emission tomography/computed tomography; LVAD, left ventricular assist devices.

1 **Table 1: Pre-implantation TTE checklist**

Heart structure	Parameters
Left ventricle	LV dimensions (LV EDD, LV EDS, LV EDV, LV ESV - 3D preferred-) LV systolic function (LV EF -3D preferred-, LV GLS) LV diastolic function (E/A, e' septal, e' lateral, E/E', LAVI, LA strain)
Left atrium	LA dimensions (LA area and volume index) LA function (LA strain)
Heart valves (better by TOE)	Mitral annulus dimensions, leaflets and papillary muscles geometry, and mitral regurgitation degree Aortic valve morphology and regurgitation degree Tricuspid annulus dimensions and regurgitation degree Prosthesis position and function, paravalvular regurgitation
Right ventricle	RV dimensions (RV basal, longitudinal and medium diameter, RV volumes by 3D) RV function (TAPSE, TDI s', RVFAC, RVSI, RV free-wall strain)
Pulmonary pressure	sPAP
Other	Intracardiac thrombi Intracardiac shunts Size of ascending aorta

2 *EDD, end-diastolic diameter, ESD, end-systolic diameter; EDV, end-diastolic volume, ESV, end-systolic*
 3 *volume; E', mitral annular velocity by tissue Doppler imaging; E/A, early diastolic wave / late diastolic*
 4 *wave ratio by pulsed-wave Doppler; LA, left atrium; LAVI, left atrial volume index; LV, left ventricle;*
 5 *sPAP, systolic pulmonary artery pressure; RV, right ventricle; RVFAC, right ventricular fractional area*

- 1
- 2
- 3
- 4
- 5
- 6

4
5
6

7
8
9
0
1
2
3

Table 3: Role of different imaging modalities in the pre-operative assessment for LVAD

	Echo	CT	CMR
LV function	++	+	+++
LV filling pressures	+++	+	+++
RV function	++	+	+++
Thoracic anatomy	++	+++	++
Vascular anatomy	+	+++	++
Valves	+++	+	++
Shunt	++	+	+++
Ischaemia	+	+	+++
Scar	+	+	+++
Thrombus	++	+++	+++
Fibrosis	+	++	+++
Oedema	+	+	+++

Table 4: LVAD related complications assessment by Echocardiography / computed tomography (CT) / Cardiac magnetic resonance (CMR)

	Echo	CT	CMR
Thrombosis	Signs of cannula and pump dysfunction, laminated thrombi on the aortic root, intracardiac thrombi	Hypoattenuation areas on contrast-enhanced CT at delayed imaging (60-90 s)	Most devices are not CMR compatible
Infections	Vegetations on device and cannula surfaces, abscess, destructive valve lesions	Rim-enhancing fluid collections with gas locules and soft-tissue components on contrast CT	Most devices are not CMR compatible
Aortic regurgitation	Use of colour Doppler Measurements of qualitative-quantitative parameters Left ventricular enlargement	Classification of regurgitation type Quantification of aortic regurgitant orifice Exclusion of aortic dissection	
Inflow/outflow graft abnormalities	Inflow cannula: turbulent flow with elevated velocities via continuous-wave Doppler should raise a suspicion of cannula obstruction. The normal filling velocity is between 1 and 2 m/s, depending on the preload		

	and the intrinsic LV function. The outflow graft: anastomosis to the ascending aorta can be visualized approximately at the level of the right pulmonary artery. Evidence of high velocities (>2.0 m/s) can be indicative of obstruction of the outflow graft.		
Cardiac tamponade	Right heart chambers collapse IVC dilatation and abnormal hepatic venous flow		
Right ventricular failure	2D echocardiographic assessment of RV size, function and interventricular septum position fwRVLS is most accurate in assessing RV function before and after LVAD implantation		

2D, two-dimensional; fwRVLS, free-wall right ventricular longitudinal strain IVC, inferior vena cava; LV, left ventricle; LVAD, left ventricular assist device; RV, right ventricle

Table 5: Follow-up TTE checklist

Heart structure	Parameters
Left ventricle	LV dimensions (LV EDD, LV EDS) LV systolic function (LV EF, LV GLS) LV diastolic function (E/A, e' septal, e' lateral, E/E', LAVI, LA strain)
Left atrium	LA dimensions (LA area and volume index) LA function (LA strain)
Heart valves	Mitral annulus dimensions, leaflets and papillary muscles geometry, and mitral regurgitation degree Aortic valve morphology, cusps' fusion, valve opening and regurgitation degree Tricuspid annulus dimensions and regurgitation degree Prosthesis position and function, paravalvular regurgitation
Right ventricle	RV dimensions (RV basal, longitudinal and medium diameter) RV function (TAPSE, TDI s', RVFAC, RVSI, RV free-wall strain)
Pulmonary pressure	sPAP
Other	Interventricular septum position Distance from inflow cannula and interventricular septum Aortic root thrombosis Pulsed-Doppler interrogation of inflow cannula and outflow graft

EDD, end-diastolic diameter, ESD, end-systolic diameter; E', mitral annular velocity by tissue Doppler imaging; E/A, early diastolic wave / late diastolic wave ratio by pulsed-wave Doppler; LA, left atrium; LAVI, left atrial volume index; LV, left ventricle; sPAP, systolic pulmonary artery pressure; RV, right ventricle; RVFAC, right ventricular fractional area change; RVSI, right ventricular sphericity index; TAPSE, tricuspid annular plane systolic excursion; TDI s', systolic wave velocity by tissue Doppler imaging

1 **Table 6. LVAD alarms troubleshooting by echocardiography**

Reduced LVAD flow	
Echocardiographic finding	Diagnosis
RV dilatation Reduced TAPSE and tissue Doppler velocity Atrial/ventricular septal shift to left Increase and triangular early peaking tricuspid regurgitation jet IVC dilatation and reduced/ reversed hepatic venous flow pattern	Right heart failure
Pericardial effusion Right heart chamber collapse IVC dilatation and abnormal hepatic venous flow	Tamponade
Reduced LV size No features of right heart failure	Hypovolemia Arrhythmia
Inadequate LV unloading: <ul style="list-style-type: none"> • Elevated filling pressure • Increased LV size • Recurrence of mitral regurgitation Increased LV ejection* Increased outflow graft flow velocity and turbulence	Inflow/ outflow graft obstruction

1 *Increase in LV ejection dependent on LV contractile function and pump setting. *MR, mitral*
2 *regurgitation ; LV, left ventricle; LVAD, left ventricular assist device; TAPSE, tricuspid annular*
3 *plane systolic excursion*

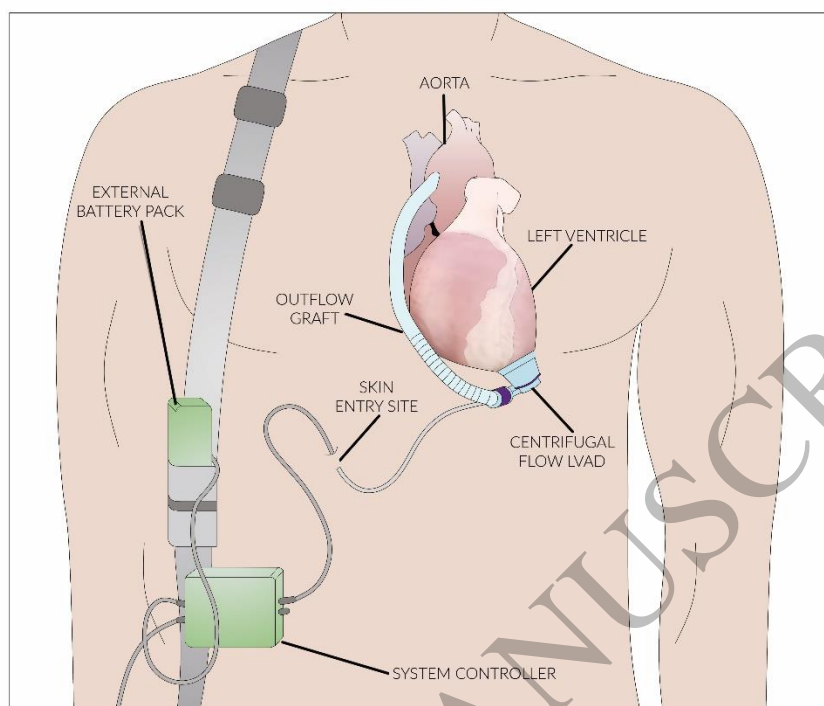


Figure 1
445x276 mm (DPI)

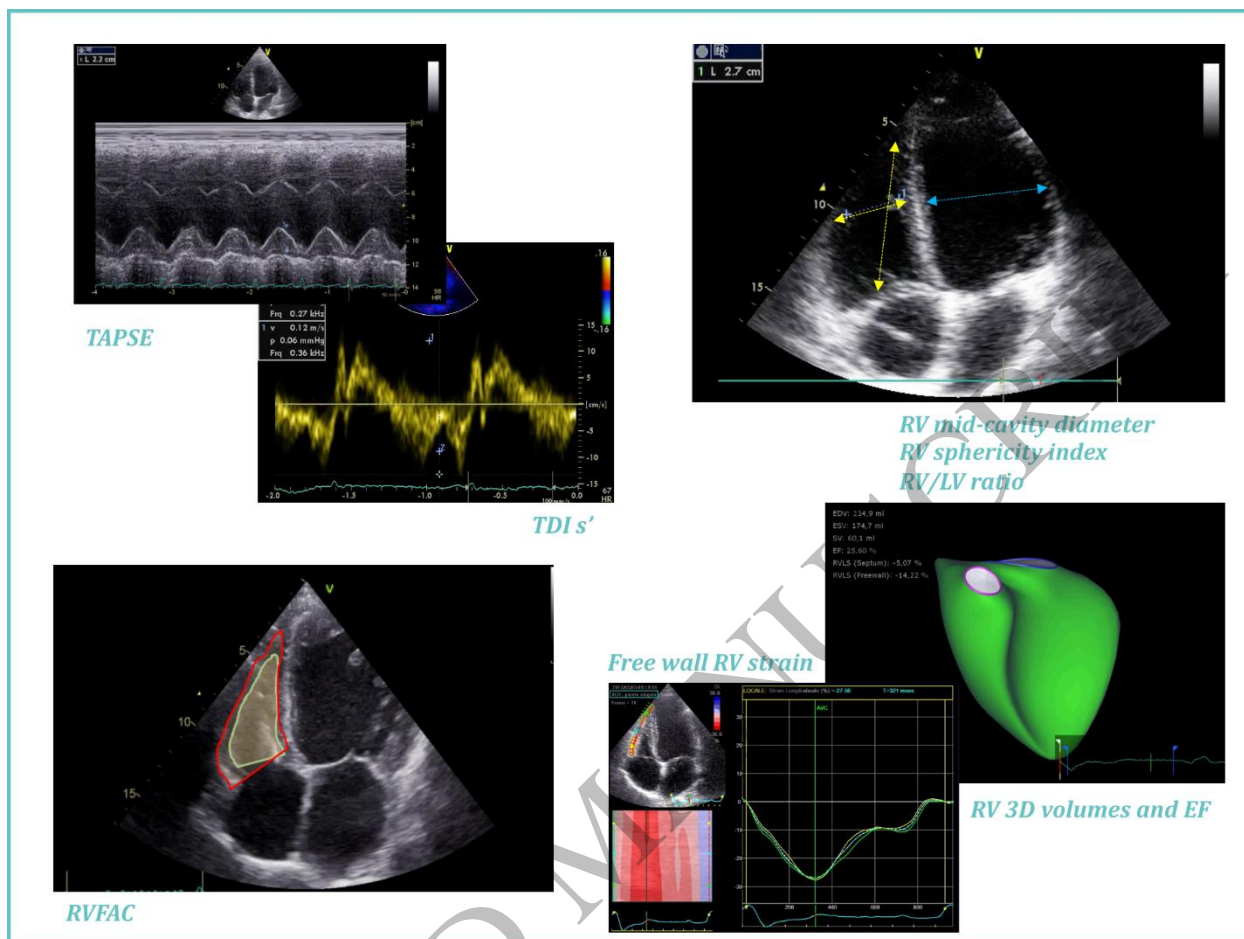


Figure 2
254x190 mm (DPI)

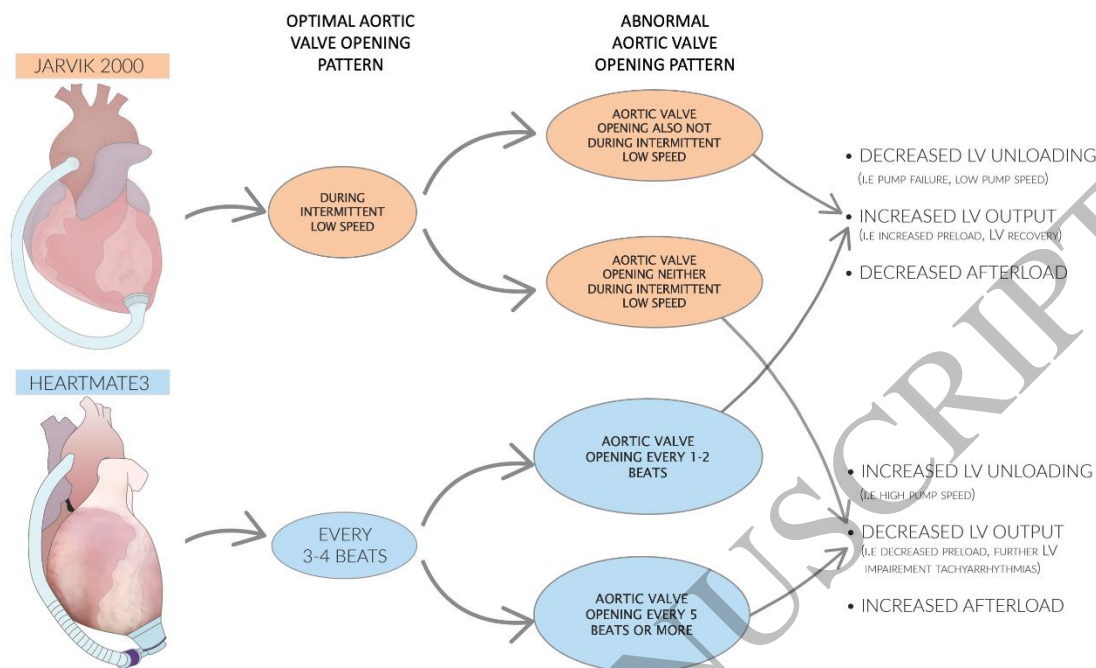


Figure 3
506x282 mm (DPI)

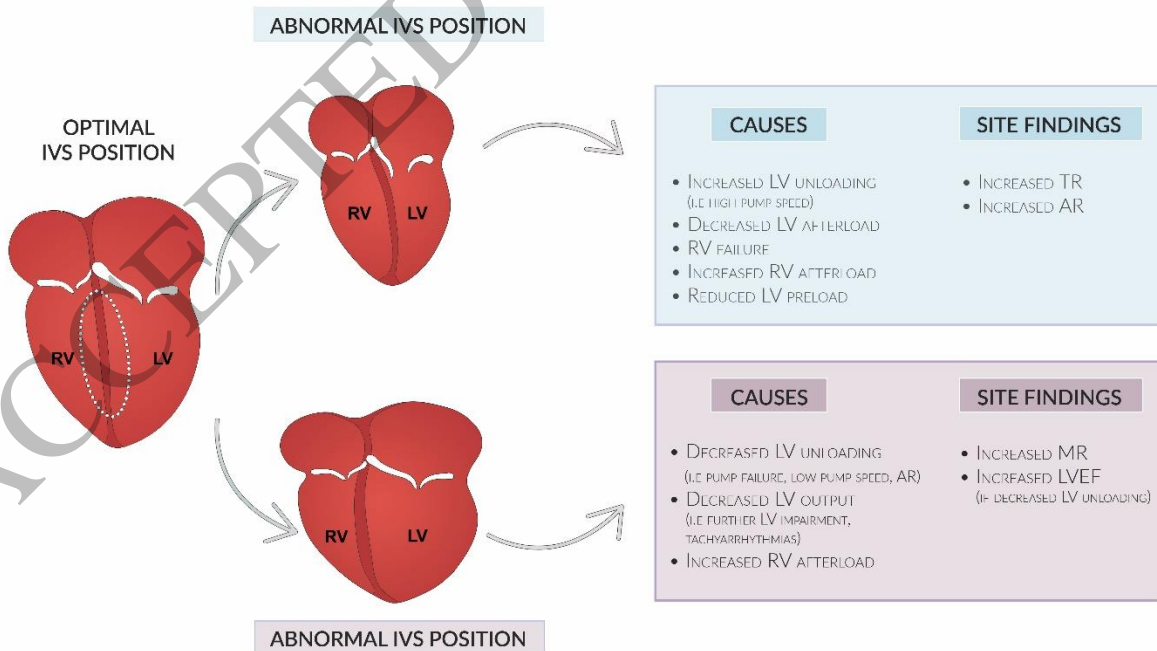


Figure 4
445x276 mm (DPI)

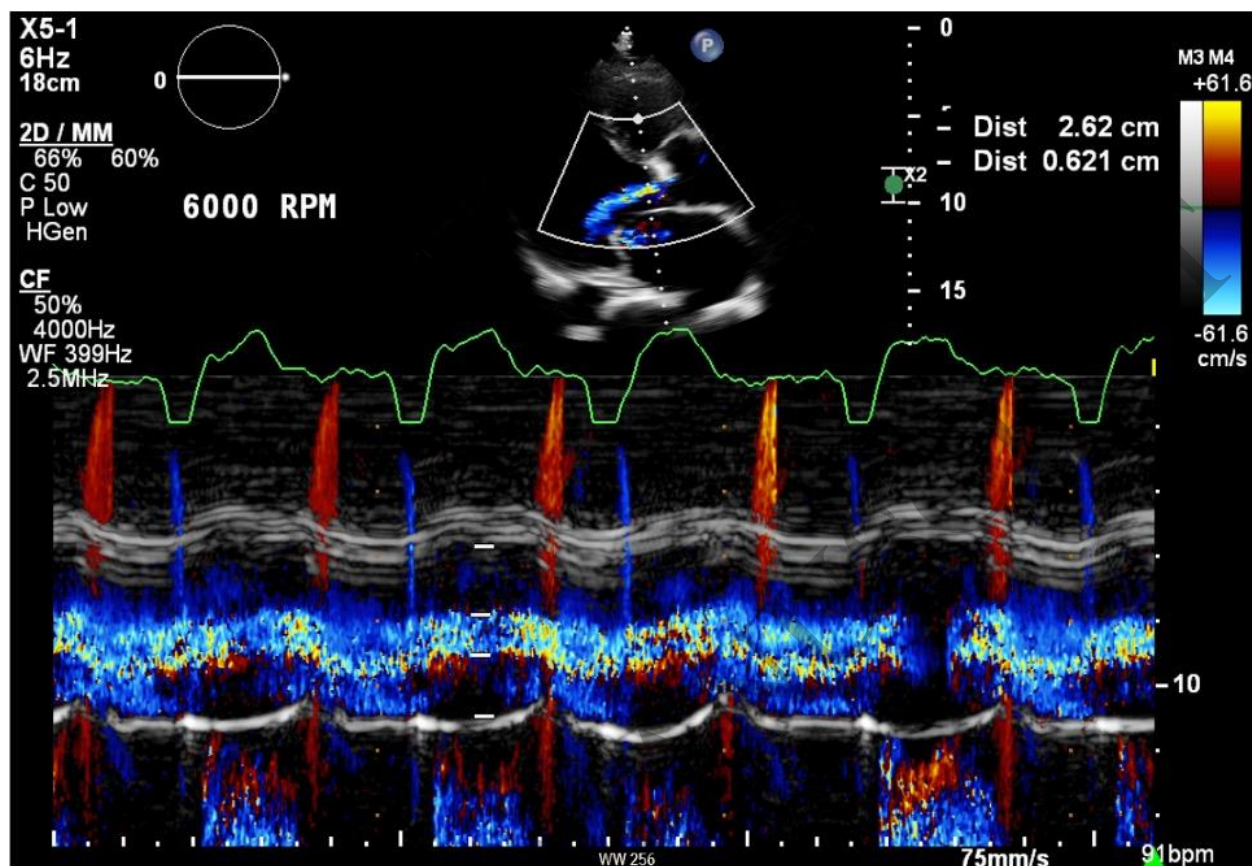


Figure 5
255x176 mm (DPI)



OUTFLOW GRAFT

Figure 7
339x190 mm (DPI)

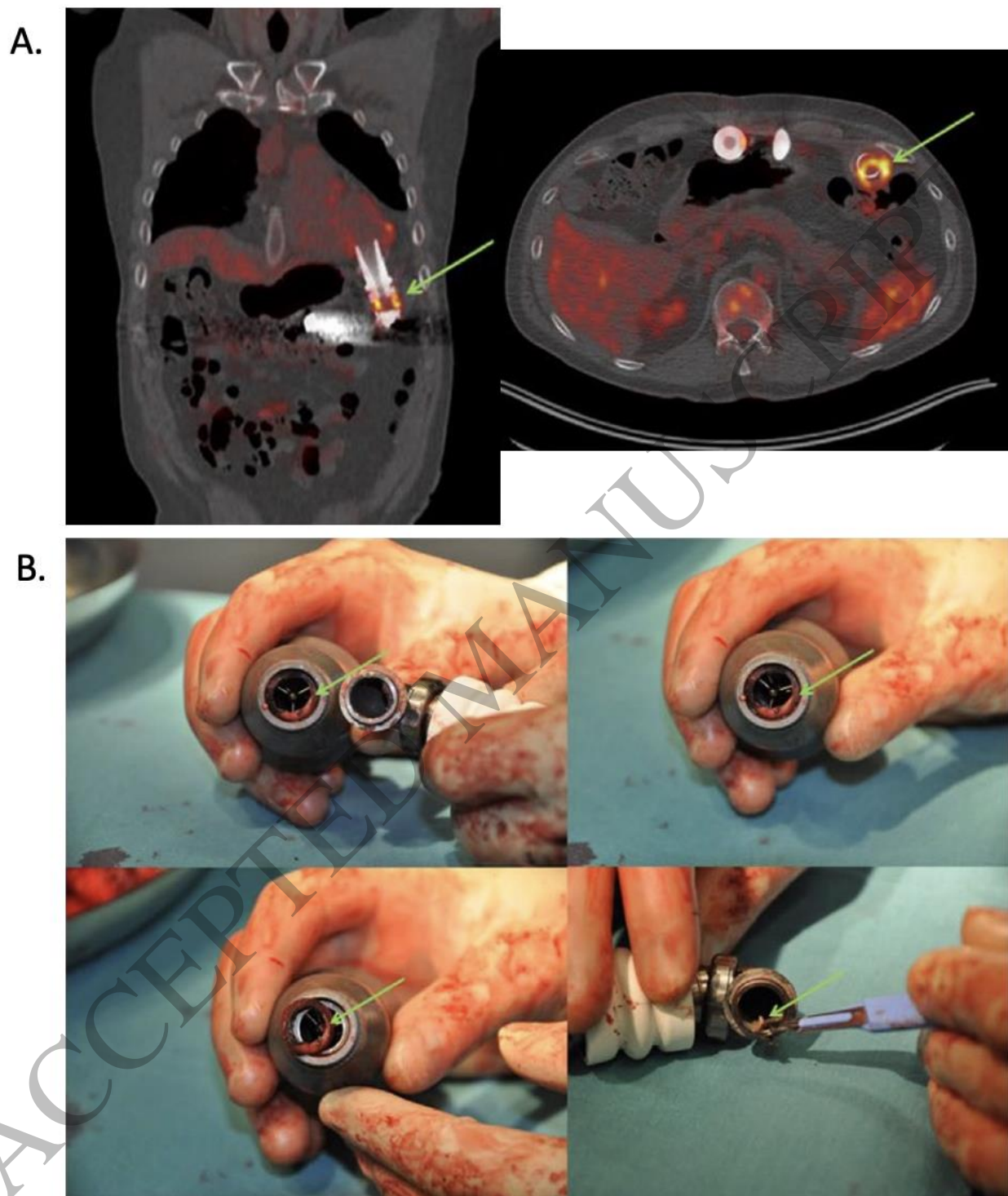


Figure 8
168x199 mm (DPI)

